

August 2026
The Avalon of New Albany - AL



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd 30 7:30 ☞ Breakfast 7:30-9 10:00 ☞ Church of Resurrection: Livestream [T] 11:00 ☞ Church with Bob & Margo [CL] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Peggy Lipton [FL] 1:30 ☞ Bingo Blast with Sammy [D] 2:30 ☞ Movie Matinee: [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	31 7:30 ☞ Breakfast 7:30-9 10:30 ★ Simple Stretches with Sammy [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Alan Jay Lerner [FL] 2:00 ☎ America's Veterans: Courage and Sacrifice [D] 3:00 ☎ 1st and 2nd floor Corn Hole Tournament [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	Emotional Health Services Intellectual Physical Social Spiritual Vocational Location Keys Bistro Chapel City Hall Deshler Family Room Front Lobby Outing Theater B CL CH D FR FL O T				1 10:30 ★ Morning Stretch with Rob [D] 1:00 ☎ Daily Chronicles: Dom DeLuise [FL] 1:30 ☞ Movie Matinee: My Girl [T] 3:30 ★ Wii Bowling [B] 5:30 ☞ Resident Led Game Night [D]
2 7:30 ☞ Breakfast 7:30-9 10:00 ☞ Church of Resurrection: Livestream [T] 11:00 ☞ Church with Bob & Margo [CL] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: James Baldwin [D] 1:30 ☞ Bingo Blast with Sammy [D] 2:30 ☞ Movie Matinee: Dirty Dancing [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	3 7:30 ☞ Breakfast 7:30-9 10:30 ★ Simple Stretches with Sammy [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Martha Stewart [FL] 2:00 ☞ Innervision Musical Performance [D] 3:15 ★ 1st and 2nd floor Corn Hole Tournament [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	4 7:30 ☞ Breakfast 7:30-9 10:30 ★ Dance Exercise with Sammy [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Daniel Dae Kim [FL] 2:00 ☎ Trivia Challenge [D] 3:00 ☎ Art Exploration with Adrienne [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	5 7:30 ☞ Breakfast 7:30-9 10:30 ➡ Choir and Theater Practice with Mary [D] 11:00 ☞ Lunch 11-1 11:30 ☞ Lunch Bunch: Bob Evan's [FL] 1:00 ☎ Daily Chronicles: Maureen McCormick [FL] 2:00 ☞ Bingo Blast [D] 3:00 ☎ TED Talks [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	6 7:30 ☞ Breakfast 7:30-9 10:30 ☞ Sampsons Savory Dishes: Baklava Granola [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Lucille Ball [FL] 2:00 ➡ Crafting with Melody: Sunflower Stepping Stone [D] 3:00 ☞ Community Social [CH] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	7 7:30 ☞ Breakfast 7:30-9 10:00 ☞ Kroger Shopping [O] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Sidney Crosby [FL] 2:00 ☎ Sharp as a Tack: Brain Games [D] 3:00 ☎ Diners, Drive-Ins and Dives: Breakfast [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	8 7:30 ☞ Breakfast 7:30-9 10:30 ★ Morning Stretch with Rob [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Mel Tillis [FL] 1:30 ☞ Movie Matinee: Mama Mia [T] 3:30 ☎ Readers Theater: Smile for the Camera [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]
9 7:30 ☞ Breakfast 7:30-9 10:00 ☞ Church of Resurrection: Livestream [T] 11:00 ☞ Church with Bob & Margo [CL] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Gillian Anderson [D] 1:30 ☞ Bingo Blast with Sammy [D] 2:30 ☞ Movie Matinee: Dog [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	10 7:30 ☞ Breakfast 7:30-9 10:30 ★ Simple Stretches with Sammy [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Ronnie Spector [FL] 2:00 ☎ A Journey Through America's Presidents [D] 3:00 ☎ 1st and 2nd floor Corn Hole Tournament [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	11 7:30 ☞ Breakfast 7:30-9 10:30 ★ Dance Exercise with Sammy [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Steve Wozniak [FL] 2:00 ☎ Trivia Challenge [D] 3:00 ☎ Cranium Crunches [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	12 7:30 ☞ Breakfast 7:30-9 10:30 ➡ Choir and Theater Practice with Mary [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Jane Wyatt [FL] 2:00 ☞ Bingo Blast [D] 3:00 ☎ TED Talks [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	13 7:30 ☞ Breakfast 7:30-9 10:30 ☞ Sampsons Savory Dishes: Sliders [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Kathleen Battle [FL] 2:00 ➡ Crafting with Melody: Sunflower Stepping Stone [D] 3:00 ☞ Community Social [CH] 3:00 ☞ Elegant Nails by Aniya [FL] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	14 7:30 ☞ Breakfast 7:30-9 10:00 ➡ Target Shopping [O] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Steve Martin [FL] 2:00 ☎ Sharp as a Tack: Brain Games [D] 3:00 ☎ Diners, Drive-Ins and Dives: BBQ [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	15 7:30 ☞ Breakfast 7:30-9 10:30 ★ Morning Stretch with Rob [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Linda Ellerbee [FL] 1:30 ☞ Movie Matinee: Twisters [T] 3:30 ☎ Chain of Thought [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]
16 7:30 ☞ Breakfast 7:30-9 10:00 ☞ Church of Resurrection: Livestream [T] 11:00 ☞ Church with Bob & Margo [CL] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Yu Darvish [D] 1:30 ☞ Bingo Blast with Sammy [D] 2:30 ☞ Movie Matinee: The Proposal [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	17 7:30 ☞ Breakfast 7:30-9 10:30 ★ Simple Stretches with Sammy [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Robert De Niro [FL] 2:00 ☞ Would You Rather? [D] 3:00 ☎ 1st and 2nd floor Corn Hole Tournament [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	18 7:30 ☞ Breakfast 7:30-9 10:30 ★ Dance Exercise with Sammy [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Shelley Winters [FL] 2:00 ☎ Trivia Challenge [D] 3:00 ☎ Art Exploration with Adrienne [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	19 7:30 ☞ Breakfast 7:30-9 10:30 ➡ Choir and Theater Practice with Mary [D] 11:00 ☞ Lunch 11-1 11:30 ☞ Lunch Bunch: Rusty Bucket [FL] 1:00 ☎ Daily Chronicles: Johnny Nash [FL] 2:00 ☞ Bingo Blast [D] 3:00 ☎ TED Talks [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	20 7:30 ☞ Breakfast 7:30-9 10:30 ☞ Sampsons Savory Dishes: Korean Pork Tenderloin Lettuce Wraps [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Connie Chung [FL] 2:00 ➡ Crafting with Melody: Hot Air Balloon Button Canvas [D] 3:00 ☞ Community Social [CH] 3:00 ☞ Resident Council Meeting [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	21 7:30 ☞ Breakfast 7:30-9 10:00 ☞ Kroger Shopping [O] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Count Baise [FL] 2:00 ☎ Sharp as a Tack: Brain Games [D] 3:00 ☎ Diners, Drive-Ins and Dives: Local Legends [T] 3:30 ☞ Vets Club [FR] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	22 7:30 ☞ Breakfast 7:30-9 10:30 ★ Morning Stretch with Rob [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Bill Parcells [FL] 1:30 ☞ Movie Matinee: Nothing in Common [T] 3:30 ☎ Readers Theater: A Festival to Remember [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]
23 7:30 ☞ Breakfast 7:30-9 10:00 ☞ Church of Resurrection: Livestream [T] 11:00 ☞ Church with Bob & Margo [CL] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Vera Miles [D] 1:30 ☞ Bingo Blast with Sammy [D] 2:30 ☞ Movie Matinee: Sleepless in Seattle [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	24 7:30 ☞ Breakfast 7:30-9 10:30 ★ Simple Stretches with Sammy [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Marlee Matlin [FL] 2:00 ☎ Book Club Meeting: The Giver of Stars [FR] 3:00 ☎ 1st and 2nd floor Corn Hole Tournament [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	25 7:30 ☞ Breakfast 7:30-9 10:30 ★ Dance Exercise with Sammy [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Althea Gibson [FL] 2:00 ☎ Trivia Challenge [D] 3:00 ☎ Cranium Crunches [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	26 7:30 ☞ Breakfast 7:30-9 10:30 ➡ Choir and Theater Practice [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Branford Marsalis [FL] 2:00 ☞ Bingo Blast [D] 3:00 ★ Dr. Dance: Feel the Rhythm [D] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	27 7:30 ☞ Breakfast 7:30-9 10:30 ☞ Sampsons Savory Dishes: Meatloaf [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Charles Rolls [FL] 2:00 ➡ Crafting with Melody: Hot Air Balloon Button Canvas [D] 3:00 ☞ Community Social [CH] 3:00 ☞ Elegant Nails by Aniya [FL] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]	28 7:30 ☞ Breakfast 7:30-9 10:00 ➡ Target Shopping [O] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Scott Hamilton [FL] 2:00 ☎ Sharp as a Tack: Brain Games [D] 3:00 ☎ Diners, Drive-Ins and Dives: Retro [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Cards [D]	29 7:30 ☞ Breakfast 7:30-9 10:30 ★ Morning Stretch with Rob [D] 11:00 ☞ Lunch 11-1 1:00 ☎ Daily Chronicles: Ingrid Bergman [FL] 1:30 ☞ Movie Matinee: You've Got Mail [T] 3:30 ☎ Rhymie Stymie [T] 4:00 ☞ Dinner 4-6 5:30 ☞ Resident Led Game Night [D]

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